

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up		
6:30AM	Breakfast/Lunch	Breakfast/Lunch	Breakfast/Lunch	Breakfast/Lunch	Breakfast/Lunch		
7:00AM	Get Ready	Get Ready	Get Ready	Get Ready	Get Ready		
7:30AM							
8:00AM	Light Work	Light Work	Light Work	Light Work	Light Work	Breakfast	Breakfast
8:30AM	Billing Helper	Training	Training			Free Time	Free Time
9:00AM				Creative Work	Creative Work		
9:30AM				Flex Time	Write Trivia	Get Changed/Drive	Get Changed/Drive
10:00AM		See Clients		See Clients		Gym	Gym
10:30AM			See Clients		See Clients		
11:00AM	Record Client						
11:30AM	Billing Helper						
12:00PM	Lunch	Kiwanis Lunch	Lunch	Lunch	Lunch		
12:30PM	See Clients		Flex Time	See Clients	Flex Time	Lunch	Lunch
1:00PM		Training	See Clients	Training	Partyline	Shower/Free Time	Make Grocery List
1:30PM					See Clients		Grocery Shopping
2:00PM		See Clients					
2:30PM							Meal Prep for Week
3:00PM	Record Client		Ice Cream Social				Laundry
3:30PM	Light Work	Light Work	Light Work	Light Work			House Chores
4:00PM	Creative Work	Creative Work	Creative Work	Creative Work	Creative Work		
4:30PM							
5:00PM		Get Changed/Drive	Record Client	Board Meeting	Flex Time		
5:30PM	Get Changed/Drive	Gym	Get Changed/Drive		House Chores		Review Next Week
6:00PM	Volleyball		Gym				Pay Bills
6:30PM					Free Time		Dinner
7:00PM	Dinner	Dinner					Shower/Free Time
7:30PM	Shower/Free Time	Shower/Free Time	Dinner	Shower/Free Time			
8:00PM			Shower/Free Time				
8:30PM							
9:00PM							
9:30PM	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed	Get Ready for Bed			Lights Out Early
10:00PM	Lights Out	Lights Out	Lights Out	Lights Out			