Financial Donations

The Food Bank relies on the financial support of our local community.

While food donations are important, financial donations provide us with flexible buying power to stock the shelves with key items that are not typically donated.

Please consider making a one-time or recurring donation by:

- Dropping off your donation at the Renfrew Fire Hall, 152 Plaunt Street, Renfrew, 24/7
- Mailing your cheque to 115 Veterans'
 Memorial Boulevard, Renfrew, Ontario
 K7V 2R5
- Visiting <u>www.canadahelps.org</u> then search for Renfrew and District Food Bank to make a secure online donation

Service clubs, businesses or groups help by setting up a donation box at work or a special event.

If you have an idea on how you or your group could support the Food Bank, please call 613-433-9216 or send us an email at renfrewfoodbank@nrtco.net

Your financial donation will help us keep the shelves stocked and provide food to people in need.

Thank you for considering a financial donation.

To learn more about donating, please call 613-433-9216

Frequently Asked Questions

Can I choose my volunteer role?

The volunteer coordinator will assist you in making the best choice to suit your interests and needs at our food bank.

Do I have a schedule or can I just drop in?

We encourage all volunteers to be part of a regular schedule determined with the volunteer coordinator.

Can I bring a group or team to volunteer?

We welcome corporate teams, schools, service groups and church group participation. Groups need to be scheduled in advance.

Can I get school community service hours?

Yes. Please plan to fill out a student volunteer application form and we will help you arrange an orientation session.

What should I wear?

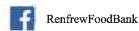
The dress code at the food bank is casual and comfortable.

What if I have allergies?

The food bank is <u>not</u> a peanut free environment. Know your allergies and medical needs. You are responsible for your medical needs.



Located at the rear of the Renfrew Armouries
115 Veterans' Memorial Boulevard
Renfrew, Ontario K7V 2R5
613-433-9216 or renfrewfoodbank@nrtco.net







We are located at the rear of the Renfrew Armouries in the Renfrew Fairgrounds.

The Food Bank is open the last three Tuesdays of each month.

1st Tuesday from 9 a.m. until Noon 2nd Tuesday from Noon to 3 p.m. 3rd Tuesday from 3 p.m. to 6 p.m.

For information or in an emergency, please call 613-433-9216

The Renfrew and District Food Bank provides food to people in need.

Our goals are to help alleviate poverty by providing adequate emergency food supplies to all our clients and being an integral part of our local community.





Food Donations

Donations of food are gratefully accepted and literally keep the shelves stocked.

When considering a food donation, please review the Best Before Date on the packaging.

The following items are always in demand:

Canned Beans Canned Meats

Canned Pasta Canned Tomatoes

Canned Vegetables Cereal

Cookies Coffee & Tea

Crackers Fruit Juice

Dry Pasta Pasta Sauce

Peanut Butter Rice

Seasonal Produce Shampoo

Soap Toilet Tissue

Toothpaste

Have you got an idea on how you or your group could support the Food Bank? Please call 613-433-9216 or send us an email at renfrewfoodbank@nrtco.net

Many local groups use special events as a way to collect canned, non-perishable food.

Help us keep the shelves stocked and provide food to people in need.

Thank you for considering a food donation.

To learn more about donating food, please call 613-433-9216

Volunteering

Interested in Volunteering?

Please drop by the Food Bank to pick up a volunteer application form and an OPP criminal background check. The OPP will complete the background check at no cost to you.

Next, bring us the completed application form and background check. Your application will be reviewed and, if approved, you will be asked to sign a declaration of confidentially.

All new volunteers will take part in an orientation program and become a volunteer on our monthly schedules.





Volunteer Opportunities

Food Sorting

To sorting food donations into different categories, repackaging when necessary, and checking for expiry dates.

Shelf Stocking

To organize incoming donations for the shelves.

<u>Grocery and Non Perishable Items Pick-Up</u> To pick up weekly donations from local stores.

Recycle Run

To deliver recyclable products to the local recycling plant.

There are other volunteer opportunities outside of our regular hours and we ask you to speak with us should this possibility be of interest to you.

To learn more about volunteering, please call 613-433-9216

