

# Outdoor Program Planning Form

Please complete this form and return it to Quinte Conservation by email, fax or regular mail. Details are at the bottom of this page.

Group Name: \_\_\_\_\_  
Contact Person: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_

Program length \_\_\_\_\_ Half Day  
(check one): \_\_\_\_\_ (2-3 hours, no camp fire)  
\_\_\_\_\_ Full Day  
\_\_\_\_\_ (4-5 hours, includes camp fire)  
\_\_\_\_\_ Adventure Team Building  
\_\_\_\_\_ (4-5 hours, includes camp fire)

Preferred Date: \_\_\_\_\_  
Number of Participants: \_\_\_\_\_  
Curriculum or Theme: \_\_\_\_\_  
Grade or Age Level: \_\_\_\_\_  
Special Notes: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Program Selection

Please select from the following available programs. You may 2-3 hours of activities for half day programs and 4-5 hours for full day programs. Groups wanting Adventure Team Building only need to choose if they want Outdoor Cooking

### 1 Hour Field and Skill Activities (circle your selections)

- Maps and Orienteering with Compass
- Safety in the Outdoors
- Pond Community and Aquatic Creatures
- The Forest Community      Animal Homes
- Wildlife Detective      Bird Studies
- Animal Adaptation

### Crafts and Games (circle your selections)

- Craft using natural items (45 minutes)
- Survival game involving herbivores, carnivores, elements and humans. Suitable for 8 years and up. (1 hour)
- Thicket game involving hiding and spotting. Suitable for 4 years and up. (30 minutes)
- Scavenger Hunt (30 minutes)

### 1 Hour Hikes (circle your selections)

- Forest Adventure      Wetland Discovery
- Snowshoeing (conditions permitting)
- Cross Country Skiing (conditions permitting)

### Outdoor Cooking (Full Day and Adventure Team Building only)

Participants are asked to bring their own lunch and may also bring hot dogs and marshmallows for roasting over a campfire. We can provide supplies for cooking bannock.

Would you like your group to cook bannock? Circle one

- Yes      No

### Total Program Time

Please indicate the total program time you have selected. You may select up to 3 hours for a half day and up to 5 hours for a full day.

Total time: \_\_\_\_\_

### How to submit your form

By email: [mnavrot@quinteconservation.ca](mailto:mnavrot@quinteconservation.ca)  
By fax: (613) 968-8240  
By mail: Attention, Maya Navrot  
Quinte Conservation, RR # 2, 2061 Old Highway 2  
Belleville, ON K8N 2L8